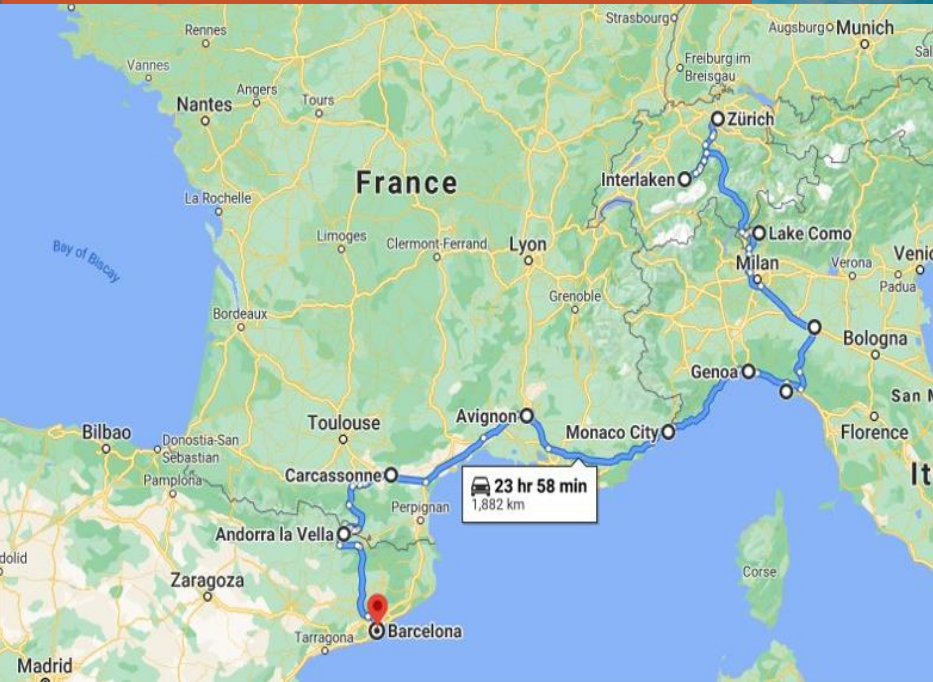


Switzerland to Spain

The Six (Countries) in One Tour

June 20 - 30, 2023



*Note – this trip is not affiliated with Moscow Middle School or the Moscow School District. It is an independent student/parent educational opportunity.

All the information from this meeting
can be found at: globalxpedititions.weebly.com

Switzerland to Spain

The Six (Countries) in One Tour

June 20 - 30, 2023



GlobalXpedititions

Expanding your worldview through international travel

Moscow, Idaho – globalxpedititions.weebly.com



👍 "like" us on
facebook

At "Globalxpedititions"



Agenda of Meeting

- Welcome: Cell phones off please
- **Just 42 days away** 😊
- **Emails and updates**
- **Safety Matters**
- **Phone tree**
- **Things to know about Europe**
- **Rules and roles, and social media reminder**
- **Meet our tour director**
- **Travel Itinerary updates and flights**
- **Day before departure meeting**
- **Hotels, busses, planes, boats, etc.**
- **Counting, mug shots and rooming**
- **Hotels and hotel safety**
- **Traveler vs. Tourist, mantras, and Ubuntu**
- **Last minute packing reminders- Stacy**
- **Traveler's Macarena**
- **Taking care of yourself, homesickness, and med updates**
- **More tips and phones, debit cards, spending cash, etc..**
- **Emergency and "at home" forms**
- **May 20th Team Building**
- **Tour diary**
- **Travelers gifts**
- **Calendar of upcoming events**
- **Questions, Comments, Freaking Outs** 😊



This PowerPoint and more information can be found at our website:

www.globalxpeditions.weebly.com



- It is very important to make sure you read all emails that relate to this trip
- Please notify us of email address changes or if you have additional ones to add to our list
- All traveling students should have an active email and check it regularly
 - Action Required vs No Action Required
- Phone Tree and Mug Shot Email ASAP
- Make sure WE ALL DO OUR PART !!!!!



Get to know your *Explorica* Tour Center

- Posters
- Videos
- Travel tips
- Flights
- Hotels
- Travel Itinerary
- Tour Diary: See my 60-day email for full instructions

Online Tools: Tour Diary

The ability to “share” [1] the experience via email and social media as well as activity updates from the Tour Director [2]

The screenshot displays the Explorica website's Tour Diary interface. At the top, the Explorica logo is visible with the tagline "travel. learn." Below the logo, navigation links include HOME, CONTACT US, SIGN UP, CALL US (1.888.310.7120), and a SEARCH bar. A secondary navigation bar lists TEACHERS, STUDENTS, PARENTS, ABOUT US, and MY ACCOUNT. The main content area features a diary entry titled "rivera london, paris, switzerland & italy" for the dates "June 10, 2009 - July 10, 2009". A large red box with the number "1" is overlaid on the text, indicating a share function. Below the title is a "select a day:" menu with a range of numbers from 1 to 15. The selected day is "DAY 10: JUNE 19, 2009". The text of the diary entry describes the start of the itinerary in Punta Sabbione, a boat transfer to Venice, a morning tour with audio guides, a visit to St. Mark's Square, an inside tour of Doge's Palace, a visit to San Marco, and a glass factory demonstration. A second red box with the number "2" is overlaid on the text, indicating a feature for activity updates from the tour director. A large photograph shows a group of people on a gondola ride in Venice. Below the main photo are several smaller thumbnail images. At the bottom of the page, there are links for SITE MAP, PRIVACY POLICY, CAREERS, and TERMS OF USE, along with the company address: Explorica, Inc. 145 Tremont St., 6th Floor, Boston, MA 02111. Contact numbers for Teachers (1.888.310.7120) and Travelers (1.888.310.7121) are also provided.

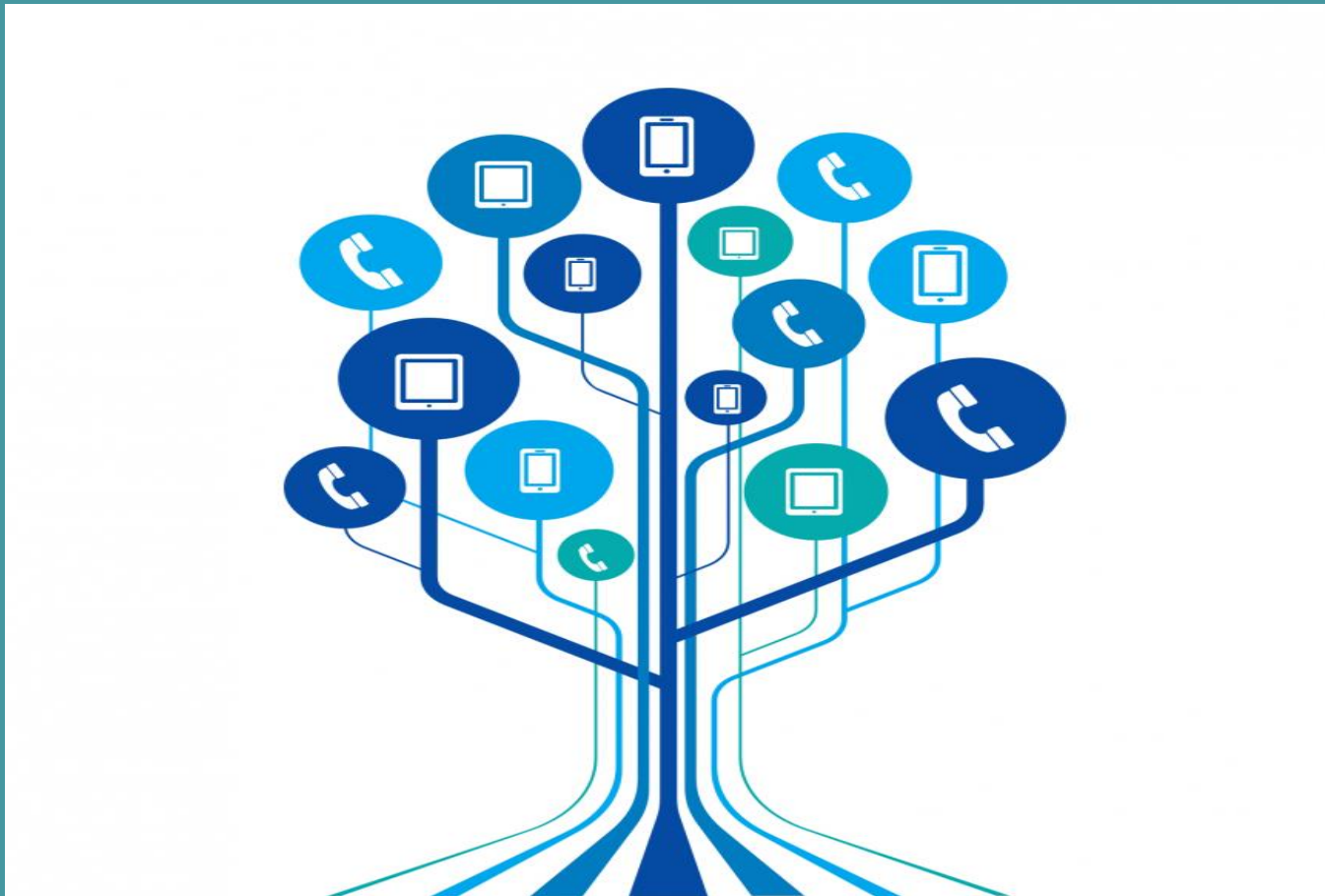


Safetymatters

- Explorica, State Department, CDC
 - Matthew and Jason don't decide when it is safe to travel ... we have a network of experts.
- We will re-evaluate every trip IF something arises in that area, region, etc.
- Seen it before...Japan and Tsunami, China and North Korea issues, France and train strikes, Turkey and security issues, Covid 19 pandemic.
- What happens if a new Covid surge arises
 - What if the trip cancels?
 - What if...



Group Emergency Phone Tree



Double check our phone tree to ensure we have your best AT HOME phone/emergency contact while we are overseas

“At Home” Packet for Parents

- ✓ When you attend the June 19 departure meeting, we will be handing you a packet with the following Information:



- Contact phone numbers
- Hotel and flight and Information
- Copy of traveler’s passport
- Emergency Phone tree

Switzerland to Spain Counting Groups

Jason and Stacy's Group

1	Jason	Albrecht
2	Jessie	Hansen
3	Ashley	Hansen
4	Mary	Martin
5	Max	Martin
6	Liam	Bacon
7	Baylee	Carpenter
8	Riley	Edwards
9	Miranda	Fenley
10	Ethan	Fenley
11	Arlo	Woodland
12	Haili	Hull
13	Dakoda	LameBull
14	Sara	Lawrence
15	Thomas	Lawrence
16	Orion	McClory
17	Mattea	Nuhn
18	Charlie	Roesler
19	Holly	Steele
20	Kiera	Steele
21	Marcus	Swift
22	Lydia	Watson
23	Elliana	McFarland
24	Stacy	Albrecht



**Rule
of 4**

We ALWAYS
travel in small
groups of no
less than FOUR



Let's Practice

Matthew and Daniel's Group

1	Matthew	Haley
2	Cara	Haley
3	Kenadie	Haley
4	Lynne	Haley
5	Phoebe	Haley
6	Lorie	Quist
7	Adelaide	Quist
8	Max	Gropp
9	Saskia	Hohenlohe
10	Ella	Julye
11	Nathan	Poler
12	Edie	Sumner
13	Lilly	Loftus
14	Jessica	Loftus
15	Sawyer	Belknap
16	Lisa	Belknap
17	Genevieve	Fealy
18	Brock	Fealy
19	Olivia	Goodrich
20	Wendy	Goodrich
21	Lilly	Wight
22	Cody	Williams
23	Taylor	Williams
24	Amelia	Barker
25	Daniel	Haley

Things to know before you go to Europe

Restaurants – Customer vs. Cuisine???

Tipping?

- No need ... there is a service fee built in
- IF YOUR SERVICE WAS AMAZING ... maybe a Euro MAX

Bubbly water is popular for a price

Use the potties after you eat!!!

- Restrooms are not public in Europe, and you will be charged to use them ... if you go to a restaurant, museum, etc. GO POTTY 😊
- Keep a few single Euro coins for potty on the go moments
- **Mottos:** *Free time is pee time and Make your bladder gladder*

At the store ... bags are not free ;)

- If you go shopping and need a bag, expect to pay! Best bet is to carry your items

French vs. American Restaurants

French Restaurants

Menus are usually displayed outside of the café

Water is served from tap unless asked otherwise.

Food is made when ordered.

Desserts are a small portion.

Waiters give you a long time to eat and usually do not check on you.

American Restaurants

Menus are inside the café

The water is clean water.

There are fast-food restaurants.

Desserts are a large portion of something.

Food is served quickly and waiters check on you frequently.

Similarities

There are multiple courses to a meal.

Many people talk while they are eating.

Meats are the most expensive item served.

There are food stands outside when people are walking around.

Many people dress formally for dinner.

Images: Le Brummel's (French restaurant), Starbucks Coffee (American coffee shop), McDonald's (American fast-food restaurant), and a food stand (BEGAY).

Things to know before you go to Europe

- **We Move Slow – Think ahead**
 - Also, stagger potty time at meals
- **Hotels USA vs. Europe**
 - Expect smaller and unique rooms
 - Our US rating system does not translate to Europe ;)



Elevators are often tiny ...
use the stairs

DO NOT expect an alarm
clock or wakeup call



How to work
your room
lights?



Welcome to the world of
the Bidet



This is called a towel
dryer ... so nice



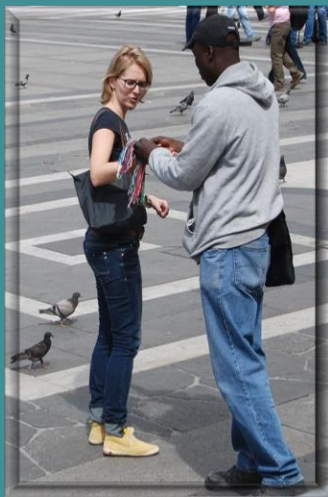
Showers are
handheld and
half glass doors

Pickpocketing schemes and your best defense

Remember, take care of your money and valuables in a money belt and know that some people make a living trying to get your money. Be alert, but not afraid.



The "sandwich" technique:
The stall stops suddenly, and the pick bumps into the mark from behind, lifting her wallet.



One member of the pickpocket team pretends to drop what she's carrying. When the mark stoops to help, the second pickpocket lifts her wallet from her purse.

Common pickpocketing schemes

- Spilling something on you
- Bump into you
- Distract you by dropping something
- People asking for a Euro.
- People launching things into the group
- Pick pocketers often work in teams.

Rules and Roles

GlobalXpeditions Travel Rules and Expectations

Travel Company's Role: The travel company we select is responsible for coordinating all logistical aspects of our travel adventure. They will plan our breakfasts and dinners, transportation, accommodations, excursion information, and much more. They will also provide local knowledge about our destination and will be available 24/7 to assist the group in any way that is needed.

Trip Advisors' Role: Our job as trip advisors is to set our behavioral expectations for the group (see below). We will also oversee all trip supervision and discipline (if needed) and we will stay behind in the rare case of an emergency (i.e., medical issue, a passport is lost or stolen, etc.). Lastly, we will ensure that every student and trip participant is fully supported while abroad.

Adult Role: All adult trip participants, besides the travel staff and the trip advisors, fall into this category.

- The most important role of the adult participants is to be supportive and always encouraging to all students and ALWAYS model good behavior.
- Adults must act as strong role models for the student participant. Please adhere to the following rules while on the trip:
 - All adults are expected to attend ALL group activities and programs unless otherwise approved by the trip advisors. No adult is to leave the group and venture out on their own while on tour.
 - The use of substances that are illegal in Idaho are forbidden on this tour (To be respectful to the host country, if something is legal in another country but is not allowed in Idaho, it is forbidden on this tour). The use of alcohol or intoxication is also strictly prohibited.
 - While in the airports, our group will sit together and meet at the gate 30 minutes prior to boarding, about 1 hour before takeoff, to ensure that everyone is ready to travel.
 - Everyone is required to be punctual and make every bus, plane, checkout time, etc. Punctuality is crucial for us to keep our fast-paced trip schedule. Our rule is "if you are not early you are late!" Make sure as an adult you model this concept.
 - Everyone is to keep track of all personal items including but not limited to money, medication, electronics, etc.
- Above all, make good choices, remain flexible, and learn about a new culture.

The most important role of the student participants is to have fun, increase global understanding, and to create new friendships and memories.

To ensure that you accomplish this goal, please adhere to the following rules:

- All students are to participate in ALL group activities and shall understand that all group activities are mandatory to attend.
- No person of the opposite sex is allowed into your room at any time.
- No individuals are allowed outside of their hotel at night. Each night after the group checks into the hotel rooms the advisors will set a reasonable time to be in rooms; these times are to be strictly followed.

- Any smoking, drinking, or use of illegal substances are forbidden on this tour. The use of inappropriate materials, weapons, drug paraphernalia, etc. is also forbidden on this tour, regardless of the laws within the countries we visit, if something is not specifically allowed on this tour at any time.
- No one is allowed to invite people from outside the group to join our group without the approval of an advisor.
- Students are to be respectful and courteous to all adults, hotel staff, and any other people we might meet while on tour. Always be respectful of all property.
- No one is to be alone at any time without the supervision of an adult or without notifying an adult who is responsible for the group.
- No individuals are allowed outside of their hotel at night. Each night after the group checks into the hotel rooms the advisors will set a reasonable time to be in rooms; these times are to be strictly followed.
- While in the airports, our group will sit together and meet at the gate 30 minutes prior to boarding, about 1 hour before takeoff, to ensure that everyone is ready to travel.
- Everyone is required to be punctual and make every bus, plane, checkout time, etc. Punctuality is crucial for us to keep our fast-paced trip schedule. Our rule is "if you are not early you are late!" Make sure as a student you model this concept.
- Everyone is to keep track of all personal items including but not limited to money, medication, electronics, etc.
- Above all, make good choices, remain flexible, and be safe and respectful! Remember you represent Moscow and our community. Make us proud and allow us to continue these trips in the future.

- **Please review the following:** In accordance with our travel company's Student Responsibility procedure, any student who violates any of these rules will be at risk of serious disciplinary actions and **can be sent home from the trip at the parent's expense**. Parents, please talk to your child about your expectations and make sure they understand the importance of complying with these rules. An early exit from our trip would be terrible for everyone but will be done to ensure the safety and integrity of these trips.

➤ *If you can't be trusted at home and school than you may want to reconsider staying on this tour.*

➤ *Breaking these rules could land you back on very expensive plane ticket home. Be Good! 😊*

Reminder of how we act on tour

Social Media and Photo Etiquette

Think about appropriate times to take photos

- Hotel rooms and bathrooms are NEVER OK
 - Pictures in these settings should not be taken or shared

➤ Think before you snap and reflect before you post

- If you need to ask if it is appropriate ... it is probably NOT

➤ Always ask permission – It is ok to take photos of people and never OK to embarrass someone

➤ We have a Zero Tolerance Policy while on tour - which you signed already

Reminder of how we act on tour



Meet our Tour Director

Chiara Corsetti

Chiara is Italian and has been working as a tourist guide in Italy for the past few years showing visitors her motherland. Looking for a new challenge, she recently moved to the UK to live in Bournemouth, a lovely noisy town on the English seaside. She loves people, history, languages and anything that is beautiful, hence why she studied art history at university. She is currently training to get her Blue Badge, the UK's highest guiding qualification. Chiara also speaks fluent Italian, English, French, German and Spanish.



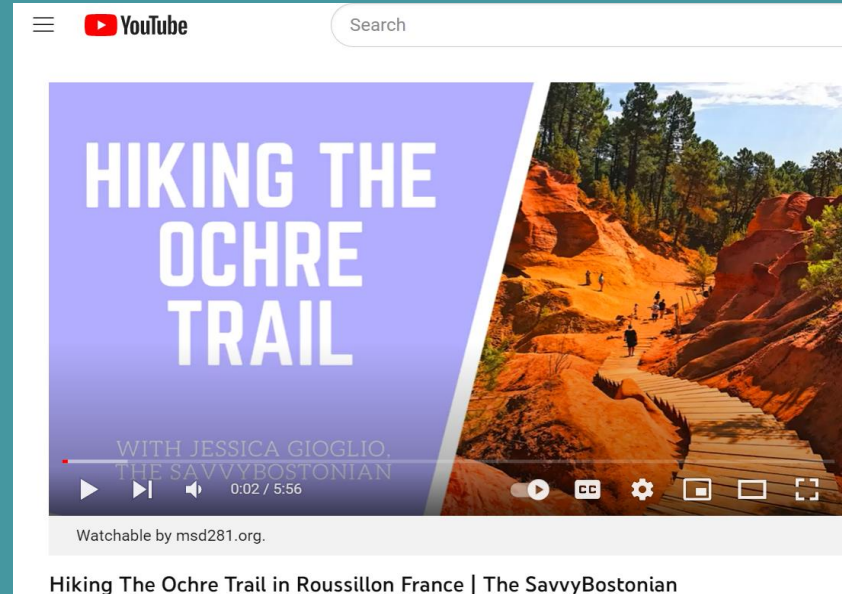
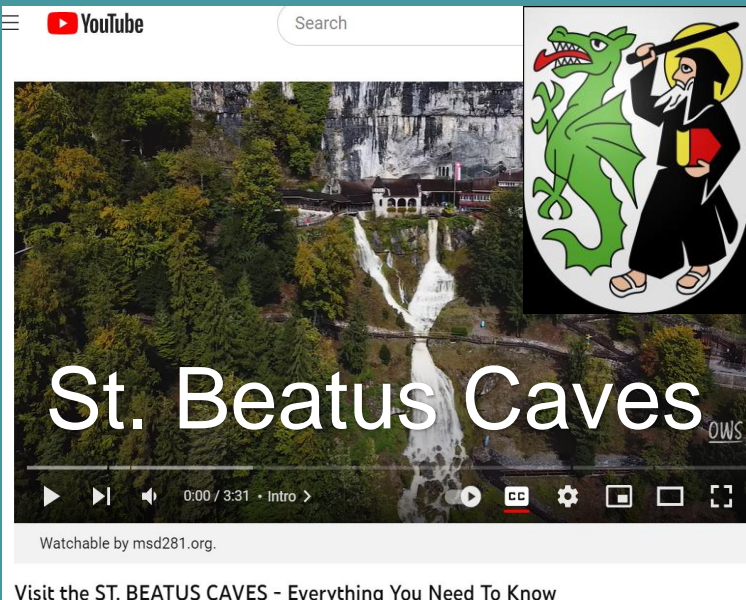
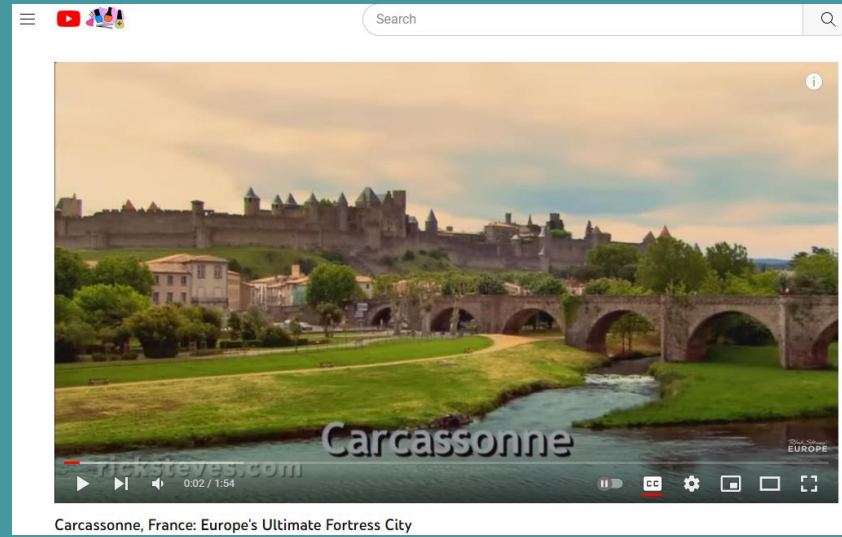
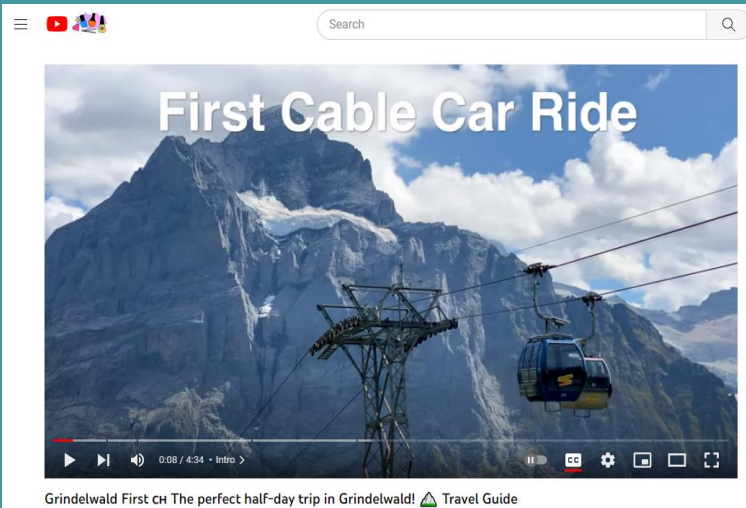
Itinerary Update

- Only 42 Days Away!!!!
 - (Departure date June 20)
- We will be riding a bus together to Seattle and are flying out from there



- 4:30 AM: Bus from MMS
- Flights: Middle seats and we are spread throughout the plane
- Avoid the relationship drama
Focus on travel and the adventure

Major Itinerary Change: *Cooking class is out but GRINDELWALD-FIRST IS IN*



When do we leave??



LUFTHANSA 491	SEA (SEATTLE) Tuesday, June 20, 2023 2:20:00 PM	FRA (FRANKFURT) Wednesday, June 21, 2023 9:20:00 AM
LUFTHANSA 1190	FRA (FRANKFURT) Wednesday, June 21, 2023 1:05:00 PM	ZRH (ZURICH) Wednesday, June 21, 2023 1:55:00 PM
LUFTHANSA 1139	BCN (BARCELONA) Friday, June 30, 2023 6:50:00 AM	FRA (FRANKFURT) Friday, June 30, 2023 9:00:00 AM
LUFTHANSA 490	FRA (FRANKFURT) Friday, June 30, 2023 10:45:00 AM	SEA (SEATTLE) Friday, June 30, 2023 12:20:00 PM

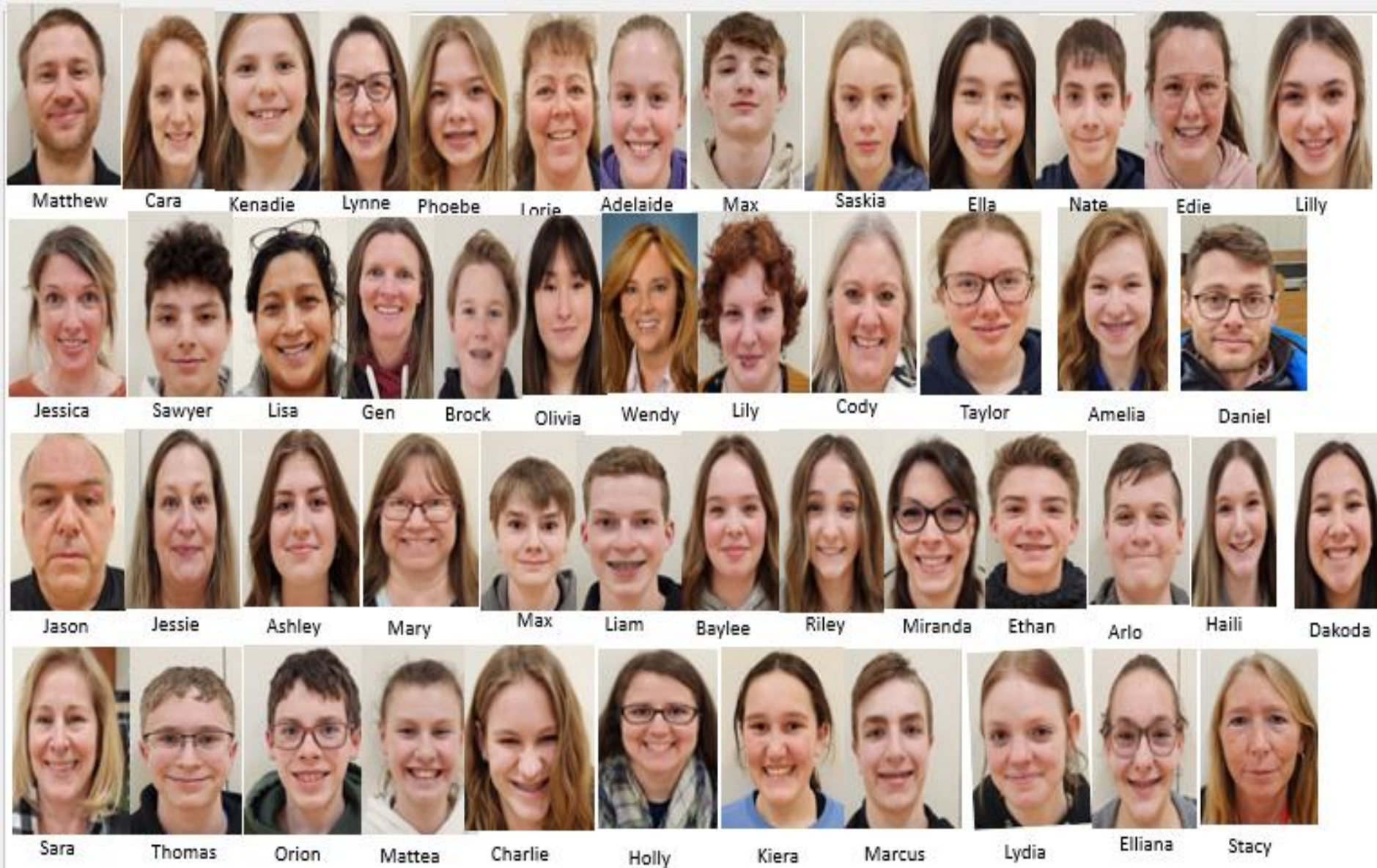
- Pre – Departure Meeting on 6-19-23 at 6pm at MMS
- Bus Meeting time at MMS: 4:30am on 6-20-23

Day Before Departure Meeting on *JUNE 19*

- Meet at MMS at 6:00pm for pre-trip check-off
 - All travelers and stay-at-home contacts must be there
- Bring your passport, luggage, and backpacks for weighing and tagging
- Hit the sack and get up EARLY! You need to be at MMS at 4:30 AM to catch the bus to SEATTLE
- “If you are not early ... you are late!”



Mugshots



Hotels we will be staying in

June 21-23	Hotel Bellevue Baren Krattigen, Switzerland
June 23-24	Lake Como, Italy (TBD)
June 24-25	Genoa, Italy (TBD)
June 25-26	Cote d'Azur, France (TBD)
June 26-27	Avignon, France (TBD)
June 27-28	Hotel Adonis la Barbacane Carcassonne, Fr.
June 28-30	Hotel Rialto Barcelona, Spain

For further details, please see your Explorica Account for updates

Hotel Safety

- Upon checking in, immediately review evacuation procedures that normally will be posted in your room and be sure to know where the emergency exit is in case of fire.
- When out of your room for the day, do not leave cash, passports, computers, or valuables in plain sight.
- If your hotel room has both a deadbolt and a latch, use both when you are sleeping.
- Remember any damages or missing hotel items will be charged directly to you and we will not leave the hotel until it is paid.
- Do not open the door unless you know who it is. We (your group leaders) will always announce that it is us when we do bed checks.

Tourist vs. Traveler

	OBSERVES	
Just there to look around and see the notable "must sees"		EXPERIENCES
		Immerses themselves in the culture
STICKS OUT		BLENDS IN
Separates themselves from the people and the local culture		Makes friends and connections with the locals
COMPLAINS		CURIOUS
Constantly makes comparisons between here and home		Asks questions and explore with an open mind
OBLIVIOUS		SENSITIVE
Doesn't pay attention to people or surroundings		Aware and respectful of cultural norms
RESULT		GOAL
A nice tan and a thinner wallet		Values are shaped and lifetime experience is gained
SOUVENIR		KEEPSAKE
An overpriced gift shop trinket		A unique piece of physical culture

2 tips for avoiding the stereotypes:

- 1 BE RESPECTFUL**
Wherever you are, be respectful of the cultural traditions and values of the place you're visiting.
- 2 BE YOURSELF**
Don't disregard or disown your own identity. Stay true to yourself, while still acclimating to the present culture.

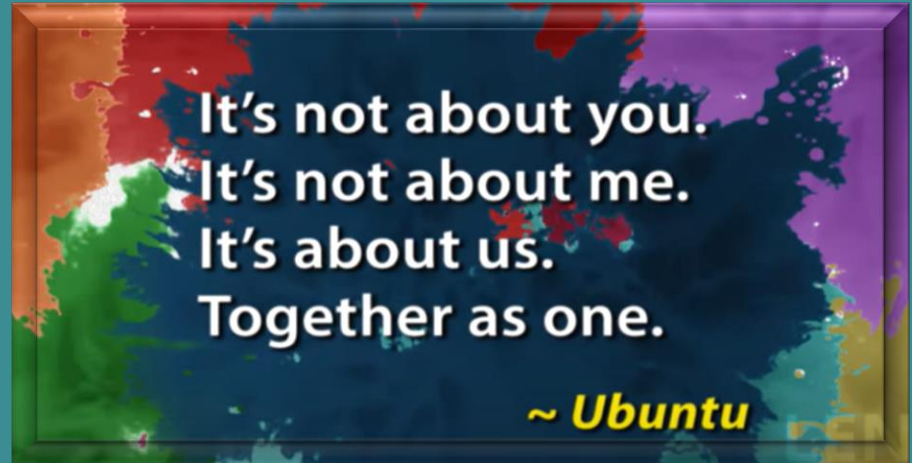
Remember we are guests in their country



Be an engaged traveler!
Not like these guys

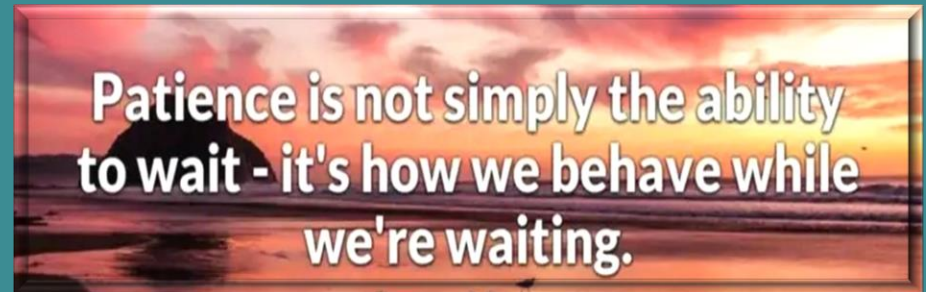
Traveler Ubuntu

“We are in this together!
We are a travel family!
Each part/choice/action
that a person makes will
impact everyone.”



Educational Group travel requires of both students and parents:

- Flexibility
- Patience
- Cooperation
- Following the lead of your tour leaders



Last Minute Packing Reminders



- ✓ Dress for travel! Pack light and make sure to have appropriate clothes for the religious sites (shoulders covered and skirts/shorts past the knee)
- ✓ Make sure all liquids are placed in clear plastic bags and meet airline requirements. The 3-1-1
- ✓ Size the Lufthansa - Keep under 27 lbs total
 - ✓ Carry-on baggage size is **21 x 15 x 9 inches (17lbs)**
 - ✓ Personal item **15 x 11 x 4 inches (10lbs)**



- ✓ Pack in plastic bags, use dryer sheets, and bring bag for dirty laundry
- ✓ Bring extra batteries as well as chargers, adaptors, and converters
- ✓ Backpack vs. Carry on - Think about what should go where
- ✓ Extra bag for souvenirs
- ✓ Money belts and cards
- ✓ Make sure you triple check our packing list

Passports and Luggage

ON TOUR

Keep your possessions organized:

- ❖ Colored flagging tape on all luggage
- ❖ Use colored dots and your counting numbers on passports
- ❖ We carry all the passports
“We’ll never lose one, we might lose 50”
- ❖ Put a name tag on everything

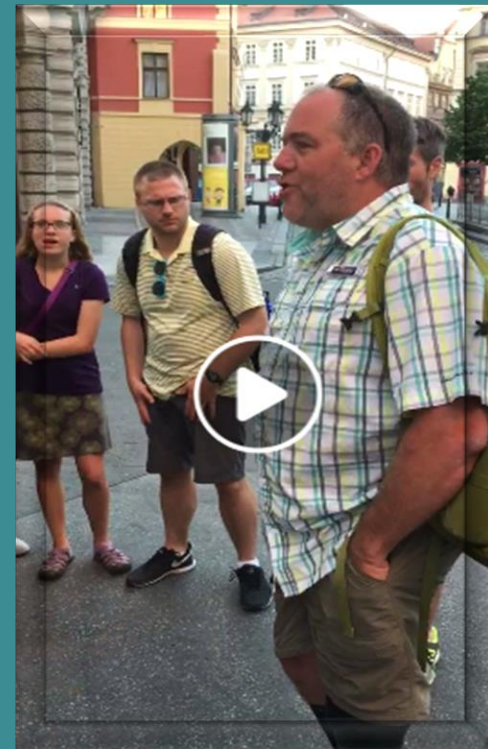


Traveler's Macarena

ON TOUR

When a traveler always checks to ensure they have their “items”:

- ❖ Money belt/purse/wallet
- ❖ Cell phone/charging cords
- ❖ Passport and emergency contact sheet
- ❖ Before you leave anywhere ... do the traveler's MACARENA :)



On-tour clip

Keep safe and be prepared while on tour

PREVENTION is always best – How to stay healthy:

- Keep hydrated while on tour
- Protect yourself from the sun – Sun hat and sunscreen
- Everyone carries an airline “sick bag”



Food Allergies while on tour:

- Allergy table cards prevent food confusion – Use this at every meal
- Confirm your card tonight
 - Update Explorica ASAP if not done already



A few more travel tips

Do try to speak the language. Everyone appreciates the effort, but may respond in English as they love to practice what they've learned (*will practice next meeting*)



Do expect to walk 15,000 + steps per day
wear comfortable shoes

Do dress appropriately when visiting churches. When entering any church be sure that your shoulders, knees and midriff are covered

Don't be surprised to find businesses and shops closed for an hour or two between 1 p.m. and 4 p.m.

Don't eat and **do** turn off cell phones when visiting museums and churches. Do keep your voice down



Do buy a "Dumb" watch with an alarm
your cell phones may not always work and remember "If you are not early you are late!"



Do eat sweets
every day
It's that good



Cell Phones, Debit Cards, & Internet

- Check your phones and know your phone company's policies for international travel!



- Check with your bank and let them know you will be traveling overseas!
- Check that your name is on YOUR bank card and know your NUMERICAL pin #. Practice prior to travel! 😊
- We will stop at ATMS when we arrive in country and will give you an idea as to how much to get at that time.



- Follow Facebook to keep connected and expect a few emails from Matthew while on tour

Passport and Emergency Contact Sheet

ON TOUR

A traveler's best friend:

- ❖ The ONE sheet everyone carries with them 24/7

This document includes:

- ❖ Emergency instructions
- ❖ Color copy of their passport
- ❖ Flight and hotel information
- ❖ Your passport information for custom forms if needed

Traveler Contact/Emergency Sheet

Note: If you ever get lost or turned around while traveling, stay calm and go ask a person (store clerks, policemen, etc.) to use their phone to call our Explorica Tour Guide **Michael Wighton** his number is [REDACTED] **NEVER PANIC ... you will be just fine.** Here is all of the hotel and flight information for you to use as a point of reference.

Team Advisors: ONLY WHILE IN THE US

Jason Albrecht Cell # 509-330-2182 (within the US)
Matthew Haley Cell # 208-596-5592 (within the US)
Stacy Albrecht Cell # 509-330-0231 (within the US)
Daniel Haley Cell # 208-301-5008 (within the US)

Explorica United States' Contact:

1.617.210.6194 then follow the prompts for an "on tour emergency" and that will get you to a live person 24 hours a day 7 days a week.



Accommodations Information

June 16 - June 18

Hotel Ibis Aero Budapest
Ferde u. 1-3: Budapest, 1091: Hungary
Phone Number: +36 13479700

June 21 - June 23

A&O Salzburg
Fanny-von-Lehnert-Straße 4
Salzburg, 5020 Austria
Phone Number: +43 30800475110

Team Building Saturday on *May 20 at 9am-1pm at Phillip's Farm*

- Critical team building for our group to be able to travel successfully
- Pack your own lunch so we can be split during lunch time



Team Goals

- Learn names and faces
- Discuss and work on the dynamics of international group travel
- Promote flexibility in the post Covid traveling world



ALL travelers (Adult and Student) MUST attend... Mark your calendars now

Switzerland-Spain 2023– Schedule of meetings/events

- March 6, 2023 History and travel logistics @ 7pm in the MPR
- May 8, 2023 Pre-travel information @ 7pm in the MPR
- May 20, 2023 Saturday Team Building Day #2 (pre-trip) 9am-1pm at Phillips Farm
- June 19, 2023  Night before departure meeting. 6pm
- June 20-30, 2023  Our adventure is on – 4:30am – Meet at MMS
- August 21, 2023 Reunion Dinner 7pm @ Gambino's

All meetings and times are subject to change and you will be notified of any changes in advance.
Please remember that all travel participants, including traveling adults, are required to attend at least 85% of all team meetings.

Questions, Comments, and/or Freaking Outs



This PowerPoint and more information can be found at our website:



GlobalXpeditions

Expanding your worldview through international travel

Moscow, Idaho – globalxpeditions.weebly.com



👍 "like" us on
facebook

At "Globalxpeditions"

